



West Coast Volleyball Club Athlete Agreement

West Coast Volleyball Club is committed to providing you with a positive and rewarding volleyball experience. By agreeing to these rules herein, you commit to supporting and respecting your teammates, coaches, and volunteers. You also agree and understand playing on a Club team within West Coast Volleyball Club will require dedication and a certain amount of time.

- I understand that I am expected to attend all training sessions, games, tournaments, and all other club activity (including during injury- for learning purposes)
- I understand I must show dedication to my team and provide my full attention to my team during practices, games, and anything else club related.
- I understand I must respect the club, club coaches, players, officials, and administrators of West Coast Volleyball Club
- I understand that I must report any injury or illness to my coach before any competition or training session.
- I understand my coach will provide me with on-going evaluations and feedback to enhance my development as a volleyball player.
- I understand that any complaints must first be communicated to the coach or assistant coach, and if not satisfied I must then communicate to Technical Director and/or the Board of Directors. Such communication will be done away from other players/ parents and in an appropriate facility 24 hours after the fact.
- I have read and understood the West Coast Volleyball Club Social media policy and will abide by these guidelines.
- I have read and understood the West Coast Volleyball Club travel policy and will abide by these rules.
- I understand that I may be removed from the team or Club for failing to abide by these rules or any other Club rules as set out in the West Coast Volleyball Club policies.

Clothing and Dress Code Policy

Introduction

The Dress Code policy is intended to ensure appropriate and professional representation of the West Coast Volleyball Club at practices and tournaments. This policy applies to players.

Athletes

- Members can wear an appropriate Volleyball/ athletic t-shirt.
- Appropriate volleyball/athletic shoes must be worn at all times during practice and competition.
- Appropriate t-shirts cannot have the sleeves cut off or contain wording or logos that are:
 - Sexually explicit
 - Contain alcoholic or drug advertisements, or offensive material
 - Bearing logos from other clubs
- Tank tops are prohibited.
- Mid riffs must be covered.
- No jewelry, including watches, earrings, bracelets, necklaces during practice or competition (If needed you may cover a piercing with tape)
- Spandex shorts are permitted but must fully cover the buttocks and underwear.
- Before and after practice or competition, athletes must change out of their playing attire in a change room, or if unavailable discretely and quickly to not draw any unwanted attention to the member or West Coast Volleyball Club.

By signing below, I agree that I have read, understood and accept this agreement as outlined. I hereby agree to be responsible and accountable to work, play and live by the standards presented in the Player's Code of Conduct and Dress Code Policy. If at any time I choose not to comply with any of these standards, I willingly agree to submit to the consequences referred to within. I also understand that, if warranted, I could be asked to forfeit my position on the team, and agree to willingly do so.

Name: _____

Date: _____

Club Team Name: _____

Age Group: _____

Signature: _____